



Anthony Collins

Licensed Massage
Therapist

**Serving Tribal citizens,
CIT employees, and
KWC patients**

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KWC Adds Massage Therapy

Anthony provides soft tissue therapies, with treatments that range from very light lymphatic system work to very deep pressure and joint mobilizations.

Some of the benefits of Massage Therapy include:

- Muscle relaxation
- Stress reduction
- increase flexibility
- Improves digestion & sleep
- Circulation improvement
- Anxiety relief
- Pain management
- Improved posture
- Strengthens immune system



Ko-Kwel
Wellness Centers

Mind ♣ Body ♣ Spirit ♣ Community